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June 2021

IN THIS ISSUE

PAGE 2

From My Blog
5 Way Disability...

How Los Angeles and the
Surrounding Areas Got Their
Names

PAGE 3

Crunchy Mandarin
Orange-Chicken Salad

PAGE 4

What's Happening....

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Common Reasons for WC Denials

You are most likely eligible for workers' compensation if you have sustained an injury at your workplace or if you have a disease due to your occupation.

Unfortunately, there are many reasons why an individual's claim for workers' compensation can be denied. The reasoning can vary, but common claims include the following:

- If your doctor feels that your injury is not severe and you can perform a modified form of your daily duties, your claim may be denied. Until you can seek a second opinion, you will have to perform those duties set by your employer.
- If your injury did not occur at your place of work, your claim would likely be denied. Workers' compensation was not put in place for pre-existing conditions even if they were exacerbated by the functions that you perform at your job.
- If your injury or illness is not serious enough, you will likely be denied.
- If you failed to seek the proper medical attention, or you went to an unauthorized medical provider.
- You did not file your claim within the appropriate amount of time. The law in California states that you must report any injuries or illness that have occurred to your employer within exactly 30 days of your becoming aware of the condition. Your employer will then be obligated to give you a claim or mail one to you within one working day. Upon receiving it, you must then complete the employee section and return it to your employer immediately. Failure to meet these steps may lead to a denial.
- You have no witnesses to corroborate your story.
- Your employer or the insurance company decide to dispute your claim to ensure that they are saving money on liability and expense from insurance. Your employer may choose to claim that you were not injured on the job. If this occurs, gather witnesses to corroborate your story, doctors' statements, and evidence to support your claim.



Workers' compensations claims can be challenging to obtain. If you find that you have received a letter of denial, be sure to read the letter thoroughly to understand the denial's reasoning.

From My Blog

5 Way Disability Discrimination Could Affect You

Suppose you or someone you know has a disability that impacts their ability to perform their tasks at work. In that case, chances are you're generally familiar with some of the programs and policies in place meant to protect them at work. As with many programs and policies surrounding discrimination and worker protection in the United States, the intention is good, but the execution isn't always perfect...



[Click here to read more](#)

How Los Angeles and the Surrounding Areas Got Their Names

Every city in the world has a unique history, which will lend itself to its naming and culture. While some cities like Glendale got to vote for their name, other towns and communities would take their names from literary influences or aristocratic influences. Examples of these cities include Hawthorne, named after the famous American literary genius, or Chatsworth, which took influence from the Duke of Devonshire's family estate.

Other unique stories of how cities got their names include some of the most well-known areas.

Los Angeles - The story of Los Angeles is probably the most familiar. A Franciscan priest was accompanying an expedition through California and described what he saw as a beautiful river from the northwest. After naming the river, he called the town its new name in honor of a Saint Francis of Assisi chapel. Los Angeles means "the angels" in Spanish, and the beautiful river is named the Los Angeles River.



Tarzana - Edward Burroughs was another man that was considered a literary genius, and the name Tarzana stems from his most notable fictional hero Tarzan.

Malibu - Malibu was originally the residing place of the seafaring Chumash. They built a settlement called Humaliwo, which translates to "where the surf sounds loudly." In 1802, this settlement was taken over by the Spanish and renamed Rancho Topanga Malibu Sequit. In recent years it was shortened to simply Malibu.

Beverly Hills - The area that is known now as Beverly Hills was simply a bean field at the beginning. It was named after Beverly Farms, a well-known and beautiful oceanfront area located in Massachusetts.

Studio City - Mack Sennett was a true renaissance man and influence around Hollywood. With the moniker of 'King of Comedy,' he was also a director, studio mogul, producer, and actor. In addition to that, he was excellent with real estate. In the 1920s, he dealt with a real estate syndicate known as the Central Motion Picture District Incorporated. They developed hundreds of acres of ranchland and named it Studio City.

Frogtown - Named for the toads that would swarm the area, it was common to have drivers pile up in traffic because they couldn't drive or walk without finding them everywhere. Since then, the frogs have disappeared, but the name lives on.

When you see these locations now, you will appreciate the area because you know where the history and culture come from. Each town has a story behind it, and the beauty comes from not letting history be forgotten.

...continued on page 3

....continued from page 1

If you or a loved one has been denied Workers' Compensation or Social Security Disability (SSDI) benefits, it's important to get an attorney experienced in these types of cases involved immediately. Call **800-438-7734** for your initial free consultation, either in our office or in the comfort of your own home. The Kenton Koszdin Law Office, Social Security attorney in Van Nuys, can help you navigate the application process for the best possible outcome for you and your family.

Crunchy Mandarin Orange-Chicken Salad

Haul out this classic salad for your next picnic. It's sweet, savory, refreshing, and extremely crunchy!

Ingredients for the Salad

- 3 c. finely chopped romaine or iceberg lettuce
- 2 c. shredded red cabbage
- 2 c. shredded chicken
- 1/2 c. jarred mandarin oranges, drained
- 1/2 c. shredded carrot
- 1/3 c. sliced green onions
- 1/4 c. sliced almonds
- 1 instant ramen packet, crushed (flavor packet discarded)



Ingredients for the Dressing

- 3 tbsp. rice wine vinegar
- 2 tbsp. honey
- 1 tbsp. sesame oil
- 1 tbsp. hoisin sauce
- 2 tbsp. soy sauce
- 1 tsp. minced ginger
- 1 clove garlic, minced
- 1/4 c. vegetable oil

Directions

1. *Make salad:* In a large bowl, toss together lettuce, red cabbage, chicken, mandarin oranges, crushed ramen noodles, carrots, green onions, and sliced almonds.
2. *Make dressing:* In a small bowl, whisk together vinegar, honey, sesame oil, hoisin sauce, soy sauce, ginger, and garlic. Slowly drizzle in vegetable oil, whisking constantly until emulsified.
3. Before serving, drizzle dressing over salad and toss to combine.

Recipe courtesy of delish.com



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**Common Reasons
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See Page One

What's Happening In Van Nuys & Southern California

The COVID-19 pandemic has caused many large events to be cancelled or postponed. To ensure public safety, we would like to encourage you to enjoy some socially distant outdoor activities in your area.

[Malibu Electric Mountain Bike Tour Backbone Trail](#)

[Orange County Zoo](#)

[Electric Dusk Drive-In](#)

[Santa Monica & Venice Beach Segway Tour](#)

[Hollywood Food, Chocolate & Alcohol Walking Tour](#)

[Hollywood and Beverly Hills Crime Scenes and Scandals Tour](#)

[Catalina Island Day Trip from Los Angeles with Undersea Adventure](#)

