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*Se habla español*



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## What Every SSDI Beneficiary Wishes They Knew Sooner

There's a common myth when it comes to receiving Social Security Disability Insurance (SSDI) benefits that, to receive SSDI benefits, you can't ever hold a job again while receiving said benefits. This simply isn't true! In fact, there are many options for SSDI claimants to continue holding



a job within certain guidelines. Anyone who receives SSDI can participate in a program called a "Trial Work Period" (TWP). During a TWP, a person receiving SSDI can start working a job within a window of 5 years. They can work 9 months out of their 5-year TWP, and, during those working months, they can earn any level of income without fear of losing their full SSDI benefits.

**In California, you can earn up to \$940 in a month before using 1 out of your 9 TWP.**

As with any benefits program, there's a considerable amount of responsibility put on the beneficiary to keep track of their earnings and report them appropriately. You may not even realize when you've already used up a certain amount of TWPs! This is one of the many reasons why working with an attorney that specializes in SSDI can be so beneficial to maximizing your benefits:

1. Less time spent worrying about organizing and sending in reports on time.
2. Peace of mind knowing that any questions you have can easily be answered.
3. Easy access to your options when you need to plan around your earnings.

Trust us when we say that handling your SSDI benefits while exploring your options and eligibility for TWP is far less intimidating with a specialized attorney by your side through it all!

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## From My Blog

### Can My Teenager File for Workers' Comp?

When we think about workers' compensation, we tend to discuss the topic as if it applies only to adults – or people over the age of 18. Many people don't think of underage occupations as high-risk positions where a minor might find themselves injured on the job! But did you know:



[Click here to read more](#)

## 5 Highly Rated Day-Trip Destinations

For thousands of people each year, Los Angeles is their preferred destination during their time off. With countless restaurants, sightseeing, and endless entertainment opportunities, who can blame them? For those of us who live or work in Los Angeles full time, however, a trip outside of LA can be refreshing for the soul! We looked at 5 highly rated day trip destinations starting at just an hour away:



### 1. Santa Catalina Island

Historically known as Hollywood's favorite destination for movie sets, Santa Catalina Island is a cinematic seaside beauty that will make you feel like the star of the show. This luxurious island offers it all: hiking, cycling, backpacking, sailing, sunbathing, picnicking, shopping, fine dining, you name it.

### 2. Hearst Castle

History buffs and culture aficionados rejoice! Though Hearst Castle is considerably farther away from L.A. and about a 4-hour drive, its offerings won't let you down. This dramatic destination sits high up on a hill and is affectionately nicknamed the Enchanted Hill, or La Cuesta Encantada.

### 3. Big Bear Lake

Clocking in at just under 100 miles (97 to be exact) from Los Angeles, Big Bear Lake serves up crystal clear waters that host several summertime favorites like swimming, canoeing, kayaking, and jet-skiing. With over 1,000 acres of terrain and 1,800 feet of incline, the possibilities are endless!

### 4. Balboa Island

Balboa Island is a small island located 45 miles from Los Angeles. The ferry brings you to a bright and colorful Ferris wheel where you can catch a glimpse of its bustling Marine Avenue and vibrant beaches to enjoy jet-skiing, paddle boarding, and sailing.

### 5. San Gabriel Mountains National Monument

Located just 50 miles away from Los Angeles you'll find a set of challenging hiking trails within the San Gabriel Mountains National Monument and Angeles National Forest. Set out to conquer its 10,000-foot peak, the highest point in all of Los Angeles County!

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If you or a loved one has been denied Worker's Compensation or Social Security Disability (SSDI) benefits, it's important to get an attorney experienced in these types of cases involved immediately. Call **800-438-7734** for your initial free consultation, either in our office or in the comfort of your own home. The Kenton Koszdin Law Office, Social Security attorney in Van Nuys, can help you navigate the application process for the best possible outcome for you and your family.

# Chard and Gruyère Eggs in the Hole



Power up your next brunch with this delicious breakfast favorite. Colorful swiss chard is jam-packed with vitamins and minerals and is an excellent source of dietary fiber.

## Ingredients

- 6 sourdough bread slices
- 3 tbsp. butter
- 1 bunch (about 6 oz.) rainbow chard, trimmed, chopped
- 6 large eggs
- 4 oz. shredded Gruyère cheese

## Directions

1. Preheat oven to 425°F. Spray large baking sheet with nonstick cooking spray.
2. With 2 1/2-inch-wide round cookie cutter, cut holes from centers of bread slices. Arrange bread and cutouts on prepared baking sheet. Bake 5 minutes or until slightly dry, turning bread over halfway through.
3. In 12-inch skillet, melt butter on medium. Add chard and 1/4 teaspoon salt; cook 8 to 10 minutes or until stalks are crisp-tender, stirring occasionally. Divide chard among bread slices, spreading around holes. Add egg to each hole; top each with pinch of salt and pepper. Sprinkle Gruyère over chard and cutouts.
4. Bake eggs 8 to 12 minutes or until whites are set but yolks are runny. Serve immediately.

*Recipe courtesy of [goodhousekeeping.com](http://goodhousekeeping.com)*

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## What's Happening in Van Nuys & Southern California

The COVID-19 pandemic has caused many large events to be cancelled or postponed. To ensure public safety, we would like to encourage you to enjoy some socially distant outdoor activities in your area.

[Malibu Electric Mountain Bike Tour Backbone Trail](#)

[Griffith Park](#)

[Orange County Zoo](#)

[Electric Dusk Drive-In](#)

[Encino Farmers Market](#)

[Santa Monica & Venice Beach Segway Tour](#)

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